



Hello!
Welcome to East Haven!

Homey... Bright... Cheerful... Clean: these are the words you'll hear spoken about East Haven by relatives of our residents. We go the extra mile to make you feel at home, providing comfortable and well-appointed private and semi-private rooms, bilingual staff members and a compassionate approach in providing quality 24-hour comprehensive care.

Discover why so many celebrate life every day at East Haven.



With the experience from servicing the community since 1974, and our continuous drive to enhance the quality of our residents lives to their fullest, we now offer the following services:

- ♥ Short Term/ Long Term Rehabilitation Services
- ♥ Respiratory and Pulmonary Management
- ♥ Alzheimer's Care ♥ Physical, Occupational, Speech Therapy
- ♥ Wound Care ♥ Hospice Care ♥ IV Therapy
- ♥ Dementia ♥ TV ♥ Tracheotomy/Suctioning
- ♥ Bilingual Staff ♥ Pet Therapy ♥ Onsite Beautician Service
- ♥ WiFi ♥ Fall Prevention ♥ Pain Management



CARING IS OUR COMMITMENT

East Haven Nursing and Rehabilitation Center is a proud member of the MEDCO family of skilled long-term healthcare facilities. We're conveniently located in a beautiful suburban residential area in the northeast section of the Bronx, near the Pelham Bay Area and Westchester County.

We are certified by the New York State Department of Health and maintain an affiliation with many Managed Care Insurance Companies.



DIRECTIONS:

The facility is located on Eastchester Road between Waring Avenue and Astor Avenue.

- By Train and Bus:**
- #2 train to Pelham Parkway stop, take #12 bus and continue below...
 - #5 train to Pelham Parkway stop, take #12 bus and continue below...
 - #6 train to Pelham Parkway station (last stop) and take #12 bus and continue below...
 - D train to Fordham Road and take #12 bus and continue below...

Continued from above...
Then take #12 bus to Eastchester Road and Pelham Parkway.
Walk 2 blocks north to 2323 Eastchester Road.

For additional services we proudly partner with:

ConstantCare
HEALTH SERVICES
Bringing Hope to Your Home
HOME CARE
Tel: (718) 704-1100
www.ConstantCareHS.com

BAINBRIDGE
ADULT DAY CARE CENTERS
Making the Most of Every Day
Brooklyn: (718) 891-2345
Bronx: (718) 653-2273
www.BainbridgeDayCares.com

EAST HAVEN

NURSING AND REHABILITATION CENTER

Caring is our Commitment



East Haven Nursing and Rehabilitation Center
2323 Eastchester Road • Bronx, NY 10469
Tel: (718) 655-2848 • info@EastHavenCares.com
www.EastHavenCares.com



Rehabilitation



Licensed physical and occupational therapists and Speech/Language Pathologists tailor programs to meet individual needs, providing a variety of treatments designed to increase mobility, functionality and overall quality of life. We work to prepare our residents to resume activities of daily living. We set goals with our residents and celebrate their victories one step at a time. It's amazing what we can accomplish together!

Social Services



Our certified staff of compassionate social workers are available each day, providing emotional support and advocacy to residents and their families through individual consultations or group sessions. Social workers also assist residents and their families with other needs, including:

- ♥ Adjustment to long or short-term setting
- ♥ Resident and family council meetings
- ♥ Advocacy for residents and their families
- ♥ Personal needs assistance for quality of life enhancement
- ♥ Guidance and counseling for both residents and their family members
- ♥ Discharge Planning in accordance with resident and family wishes

Skilled Nursing/Medical Team



Registered nurses, Licensed Practical Nurses, Certified Nurses Aides and orderlies work together to deliver excellence in nursing services every hour of every day. Our staff motivates our residents to reach higher, enjoy life and achieve their optimal level of functioning. Nursing specialists bring added expertise in a variety of areas while our in-service coordinator ensures our staff is educated and trained in the latest techniques and procedures. Dedicated physicians provide a full range of medical services tailored to each resident's needs after a complete medical evaluation upon admittance. Specializing in many fields, our physicians initiate a plan of care that meets the emotional and physical needs of each resident.



Recreation



Engage, socialize, energize, stimulate: our custom-generated activities are designed with YOU in mind! Everything we do is focused on making a positive difference in the lives of our residents. From daily exercise groups to monthly parties, pet therapy to internet access, community outings, cooking club and so much more, there's something for everyone at East Haven!

Dining



Nothing says home like a delicious meal. Our dietitians, food service supervisors and dietary workers work closely to deliver meals as nutritious as they are tasty! As a kosher facility, we adhere to strict kosher laws while providing each resident with well-balanced meals with consideration for ethnic preferences. Three wonderful meals, snacks throughout the day, satisfying special requests and a spacious, comfy atmosphere for fine dining: every meal is a celebration of good taste at East Haven.

Caring is our Commitment!

